



Yoga with JADE

Here. Now. Breathe.

SESSIONS AND RATES

GROUP SESSIONS:

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| 1. Wednesday Morning: 7:45-9:00 | R90 / R300 pm. |
| 2. Wednesday Evening: 17:30-18:45 | R90 / R300 pm. |
| 3. Thursday Evening: 17:30-18:45 | R90 / R300 pm. |
| 4. Saturday Morning: 8:00-9:15 | R90 / R300 pm. |
| 5. OPEN PASS (Join any classes for the month). | R500 |

PRIVATE SESSIONS:

<u>PACKAGE</u>	<u>TIME</u>	<u>AT YOGA WITH JADE</u>	<u>AT HOME</u>
1. 1-on-1	45 minutes	R150	R180 + fuel cost (please enquire)
2. 1-on-1	60 minutes	R180	R190 + fuel cost (please enquire)
3. Private group (you + 1-3 friends)	60 minutes	R300	R350 + fuel cost (please enquire)
4. Private group (you + 1-3 friends)	75 minutes	R350	R400 + fuel cost (please enquire)

Yoga with JADE is located in Irene and in Cornwall Hill. Soul Circle Sessions are held at any of the two venues. Enquire for further details at jade.morey.yoga@gmail.com